



CARE FOR YOU
Spreading Smiles Miles & Miles

2023



Happy New Year

As we welcome in the new year, we at Care For You would like to express our heartfelt gratitude for your generosity and support.

We hope that the coming year brings you good health, happiness, and all the blessings you deserve. Thank you for being a part of our journey and for helping us make a difference in the world.

Wishing you a happy and prosperous new year!

WELCOME 2023

The Newsletter

Sept 2022 - Dec 2022



CA PAYAL SARADA RATHI

Founder Care For You

WHY VOLUNTEERING CAN BRING PEACE

There are many ways to serve, including donating money, resources, or time. Volunteering and giving back to the community can be a valuable use of time and can have a positive impact on both the individual and society as a whole.

Volunteering is important for a cause because it allows individuals and groups to actively contribute to making a difference in their community or in a specific area of interest.

By volunteering, individuals can use their skills, knowledge, and resources to support a cause they care about and make a tangible impact. It also helps to raise awareness about the cause and can attract additional support and funding.

Furthermore, Volunteering for a cause can bring peace because it allows individuals to contribute positively to their community and society. It can also foster a sense of empathy and understanding towards others, and promote cooperation and unity. Additionally, volunteering can provide a sense of purpose and fulfilment, which can lead to greater personal satisfaction and well-being. It can also make people to be more compassionate and understanding of the issues facing the community, which in turn can lead to peaceful resolution of conflicts.

Newsletter Highlights

Atulya Seva Sanman by Lokmat

Hunt for the Secret Superstar- GK series

One of our Secret Superstar Success Story of Jeevan

Sports day event

Wet and Joy Trip Shirdi

Annual Meet Function at Pune

A Meeting with Hon'ble Joint Secretary Women and Child Development

Atulya Seva Sanman by Lokmat



Care for You Foundation has been awarded the Atulya Seva Sanman by Lokmat on 30th Dec 2022 in recognition of its efforts to help the oppressed and underprivileged.

This award is a testament to the valuable and noble service that we provide to society, and it was presented by (Padmashree Girish Prabhuneji) and Shri Shekhar Mundada from Maha NGO Federation

The award is a tribute to the spirit of selfless service and serves as an inspiration to all. It is also a recognition of the hard work and dedication of every volunteer and donor who is a part of the Care for You family.

This brings along with it more and more responsibility to perform restlessly this year too.

Hunt for the Secret Superstar- GK series



Care For You Foundation had arranged Hunt for the Secret Superstar- GK series Semi-final on 11th December 2022. Group of 5 children each from 10 different CCIs (Total 50 kids) participated in the competition. Breakfast and Lunch was arranged for all the children, caretakers, guests and volunteers. Following breakfast, Ms Anuradha Mane Zanjurne, (certified DMIT and Memory expert) conducted a session boosting confidence and focus for the competition.

A total of 4 rounds of challenging formats carefully designed by our volunteers of which 1st was a written test, 2nd and 3rd teamwise oral questionnaire and the 4th being a Rapid-fire round where the teams performed beyond everyone's expectations and left the audience awestruck. Winning team, Rukhamabai Balikashram from Nandurbar amazed everyone with their witty and lightning fast answers and took home a Laptop, branded wristwatches, Carrom board, Books, games and many more exciting prizes!

All top 10 participating teams were given gift hampers, while Top 5 teams were awarded Refurbished laptops along with a mixture of Carrom Boards, Books Games and more.

Hunt for the Secret Superstar- GK was graced with the presence of Shri Ravi Patil, Joint Commissioner of Women and Child development dept., Maharashtra, as our special guest who stayed back through almost the entire competition and was highly surprised with the performances. He highly appreciated Care For You for this initiative and accorded his support for more such events.

We would also like to take an opportunity to thank CA Neha Phadke who was our enthusiastic anchor for the event. And our Volunteers and Teachers Vedanti, Atul Gupta, Pratibha Itagi and Sujeet Malhotra for giving their valuable time for the kids. We appreciate Mr Raghu Itagi who volunteered to stay behind the camera for the entire event and captured the joy on the children's faces. He also sponsored healthy maida free pastries for the children.

One of our Secret Superstar Success Story of Jeevan



With the success comes great opportunities and challenges. We are highly overjoyed to share a wonderful news today.

One of our secret superstar, Jeevan who had appeared for MS-CIT exam 2022 has cleared it with a great score. He has received 94/100. We are highly proud of you Jeevan.

Along with it Jeevan is also doing BA in music.

Sports Day Event at JJB

On 02nd Dec 2022, Care For You Team conducted a Sports day event with children of the Juvenile Justice board of Pune. Special efforts were taken by Trainer Mr. Kunal who has been taking physical fitness sessions twice a week for more than a year.

Children happily participated in activities like Box Cricket organised by Mr. Parag Mulik and team, Tennis, Running, Push-ups, etc. organised by CA Anket Dodya, Mr. Hemant Unecha and CA Roshan Rathi. Care For You Foundation made arrangements of snacks, dessert and soft drinks for the tired kids.

Volunteers, Donors and Special guests were invited for this event. More than 25 Winners were awarded medals for their outstanding performances!

These kids come from various challenging backgrounds and land up in JJB due to situational crimes. They often remain disconnected from the outside world and are deprived of social interactions. Care For You is continuously making efforts on improving the mental and physical health and bringing positivity in children of JJB by organising regular trainings and events.



11th Anniversary Celebration at Pune



Care for You completed 11 years of its journey of uplifting the deprived sections of the society on the 11th of Nov 2022. To celebrate this 11th anniversary with the pillars of our organisation, our valuable Donors and Volunteers, we arranged a grand Annual Meet function at Pune. We revisited our journey through the last 3 years, ongoing events and future endeavors during the program. Everyone present shared the excitement for upcoming events and also showed continued interest to be a part of us as always.

Five of our 'Hunt for the Secret Super Star 2021' finalists graced the event with their starry performances which left us all in awe! Delicious Breakfast, Lunch and High tea were relished by one and all. All our Donors, Volunteers and Special guests were felicitated for their earnest support towards Care For You, thus concluding the spectacular evening!

Care For You believes in maintaining complete transparency with our valuable Donors, Volunteers and all associates. Keeping this in mind, we would like keep you informed that your donations were not utilized for this event and was entirely sponsored by private sponsors. Donations from donors like you are utilized only towards direct welfare of the needy.

Wet and Joy Trip Shirdi



30th October brought smile on many faces. Yes as the sun dawned on it brought life to many children from 3 orphanages. It was a sweet, memorable day for them as they had good adventurous trip to Shirdi wet n joy. It was full of fun as they exchanged splash of water in the wave pool. Needless to say the trip was arranged with many delicious, mouthwatering dishes!!!

Special Thanks to Prachi Chudiwal and Wet n Joy team for making this happen.

Uniform Donation Drive



Every one of us has worn Uniforms in some or the other phase of our lives. And we surely know its pride. Even though not expensive for most of us, its not very hard to imagine that these pieces of clothing could be a distant dream for thousands of children in India. Both physically and metaphorically. Care For You noticed that many children of Orphanages were wearing torn and old uniforms that were almost unfit to wear.

Uniform being a tool of equality, Care for you organised a drive to donate uniforms to children of Rukhmabai Balika Ashram, Nandurbar on 09th Nov 2022.

We are happy to share that we were successful in not only providing them with Uniforms but with boosted morales, motivation to study and broad smiles!

A Meeting with Hon'ble Joint Secretary Women and Child Development



Care for You had a meeting with Hon'ble Joint Secretary Women and Child Development IAS Indra Mallo on 28 September 2022 , at Shastri Bhawan Delhi

Our founder CA Payal Sarda Rathi and CA Roshan Rathi represented her with background of CARE FOR YOU and our star project Hunt For The Secret Superstar

They discussed about working together for Hunt for the Secret Super 2023 and GK series.

She gave a patient ear of 45 mins to listen to various activities of care for you and our future prospects.

Smt Indra Mallo was impressed with our Hunt 2023 and GK event project and promised for full support for the event.

Special thanks to IPS Krishna Prakash ji for getting the appointment confirmed

TESTIMONIALS

Joy of cleansing the Soul

They were special, humble, so pure in heart and intelligent. They were just answering all the questions. They were amazing kids. They made me realise that me or my kid is nothing in front of them. YES....that was the reality. I felt there is so much peace n joy in giving.

I felt lite. I felt my soul got cleared. What an amazing event. It was the most fruitful hours I spent on Sunday. I dressed expensive Jeans, Shirt..then just before leaving for the event I asked myself... where I am going..? Immediately I changed my dress code.

THANK YOU so much PAYAL n ROSHAN for giving me an opportunity to be part of CARE FOR YOU'S Hunt for Secret superstar GK series. I could not answer even one....!!

Really proud of you Payal n Roshan. It's selfless service. There is huge background work and time required. I think you guys should teach us how you manage time. There are few folks from Regency who are part of this. We should feel proud of our friends and join their hands.

Chief guest was Shri. Ravi patil, Joint commissioner of women & child development MH. I could meet him and share ideas on how we can help these special kids. Amazing ideas emerged n can be implemented.

Folks ...I am sure many of you are part of one or other other csr events. That is great. If not once experience...we have our own Regency Friends who can give us an opportunity.

Thank you CARE FOR YOU.



Pratibha Itagi

"I have been closely following the efforts of the Care For You Foundation for their Hunt for Secret Superstar event.

I personally urge all CCIs to support Care For You in order to secure a bright future for students. Despite any lack of response or support, I encourage Payal Ji to continue their hard work.

I am confident that as results become more visible, many CCIs will seek guidance from Care for You. I extend my congratulations to both the CCIs and Care for You for organizing this exceptional Hunt for the Secret Superstar GK series.

WNCD will always support Care for You in their endeavors."



Shri Ravi Patil

Joint Commissioner

Women and Child Development, Pune

Note - This is transcription of Ravi Patil Sir speech from GK series event

OUR MOTTO

SPREADING SMILES, MILES AND MILES

Blog

Women Empowerment MOTIVATE YOURSELF AND SPREAD YOUR RAYS



Arpita Jaisingh

Every woman is a bundle of multi qualities. So, every person has that spark in it. Know yourself girls and wonderful women recognise your uniqueness and go ahead with great zeal. We live everyday and die once but make every page of life colourful, useful & full of joys that whenever you open your book of life and that should be grin on your face it shouldn't fade even on the days of trials, we gain something that is we learn something or we achieve something but we never fail. As per scientific term said by my professor "glass is never empty or if nothing is there, still the glass has air filled in it". So, we should know what the reason we are on earth for is. Women discuss so many things and skills and qualities but, do we really act upon it? We can achieve something or experience something only if we act upon it.

Hence waking up and acting upon it is necessary. It is rightly believed that, "success or opportunity is just behind the door but we need to make an effort to open the door. We just have to take that one powerful step and the other nine steps are already done. Now the question is how the step is to be taken or how to open that closed doors of mind? and the answer is, first we need to have a self talk we need to be best friend of ourselves and realise the exact reason of us being on earth and the person who really wants to be active who really wants to do something will motivate oneself everyday to make the day beautiful one.

We need to realise that we are not on the planet to eat and sleep for some unique reason. Even if we cannot go outside and work there are things at home that can be made beautiful if every woman realises the uniqueness of self the half battle is won. We need to realise that everyone has the special qualities or that uniqueness and we have to work on it for a better future. After befriending themselves also many women may not like to go out of their way because some things and some thoughts are so deep rooted in their mind or the thoughts of differences in gender are inculcated in their mind since birth .So, even if a traditional woman has the willingness to go out and work, deep rooted fixed thoughts prevent her from doing the same. In urban areas women get a little support and understanding is developed in both genders but in villages still girls are not given equal importance in every field be it education, family business farming or learning skills. Moreover few things like learning house chores like cooking; home decoration, cleaning, tailoring etc are meant for girls only. On every occasion or a festival woman is busy with home chores only. Are the guests to be hosted and greeted by Women only? If we are human beings then everyone is equal so everyone has equal responsibility and rights. Rather than restricting girls in everything, why can't we educate boys in a practical way and exchange the tasks.

Again here also willingness arises .Everything is possible if women too support these thoughts of indiscrimination and then once ambition is fixed women should take a time to realise which qualities they are best at. Some may be good at Music, Art work, Singing, Culinary art, Decorations. Some may be good at Transactions, Handling accounts, Banking/ Finance related work, Repairs and Maintenance .Some may be good at Oratory skills, Teaching, Counselling and may have wonderful Home Management Techniques. After realising skills and importance of self, a woman need to have a healthy dialogue between family have convincing ability to communicate with family members and friends which should be filled with affection even including children of family gives them importance and they can be huge support and guidance so that you can go ahead with your passion and do the things which give you happiness .Have a check on your glad meter whether the hobby, interests gives contentment or not. Some may give you financial gains some may not but the level of increased satisfaction will reflect in your home front and work areas too. Your routines will be beautified, confidence level will be increased and your mind refreshed. Yet there will be a lot of hurdles but your passion will pave the way and will make you more updated. One tiny dream may prove the progress of an entire family keeping the values of friends' family members and society intact.

It is such a beautiful era where a woman can be a rickshaw driver, sports person or enter the army or navy force. Nothing is impossible, just rise up from the darkness and spread your rays.



Donors & Supporters

Aradhya Guruji
Aadi Shinde
Aarti Bang
Aditya G Falor
Ajita Barik
Akash Patwekar
Akshay kshirsagar
Amit Zawar
Anand Jakhotiya
Anand Munot
Aniket Kawashte
Anjali Bajaj
Ankita Jaggi
Annu Motyani
Anushree Doshi
Aparna Pitale
Apoorv Acharya
Apurva Chaudhari
Atul Gupta
Bharat Kulkarni
Chetan Bogawat
Chetan Jaggi
Chidvilas Kshirsagar
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Neeru Adhlakha
Neetu Gupta
Neha phadke
Nikhil Ranglani
Nikita Paithankar
Nimish Dadlani
Nirban Dasgupta
Nirmala Bang
Nisha Lohani
Nisha Rajkumar Narang (Gauram Agro)
Parth Mulik
Parag Mulik and his team
Pawan Gandhi
Payal Mutha
Pooja Devda
Pooja Katariya Firodiya
Pooja oberoi
Pradnya khodade
Prakash Bang
Pratibha Itagi
Pratik Nandkishor Attal
Pratika Kadam
Preeti Chandak
preeti dere
Purvi Lahothi
Rahul Dwivedi
Rajendra Jagtap
Rajesh vishvanath sharma
Raghu Itagi

Ramada Plaza
Rajesh Behati
Rakesh Bhaganagre
Ravindra Zanjurne
Roshan Rathi
Rushikesh Wagh
Sagar Rohida
samta lodha
Santosh Dedgaonkar
Sarika Jain
Savita Shinde
Savita Sonsale
Shaila sarda
Shambhavi Dubey
Shashikala Bihani
Shilpa Bhende
Shreyans Katariya
Shruti Bangad
Shubham Muthiyan
Siddharth Dhar
Sonal Shinde
Sonali Shitole
Sonali Suhas Patankar
Subhash Motilal Bora
Sujeet Malhotra
Sukanya Padmanabhan
Sunil Gangwal
Sunil Malvade
Sunil Raje baheti
Sunita Zavar
Surekha Maniyar
Surendra Agarwal
Susarla Rupa
Swapnoneel Mukharjee
usha kangot
Vaishali Joshi Nagarkar
Venkatrao Panga
Vineet Mahipal
Vinit Gugale
Vivek Sharma
Yash narula
Yogen Rajendra Kulkarni

donation page

HOW CAN YOU HELP US?

As a seed needs water, sunlight, soil and care to grow, Care For You needs your constant support so that it sows seeds of happiness all over the place.

You can help us by being our volunteers and participating in various activities.

You can donate funds to support Care For You events which include Tuition for 7th,8th,9th, English Modules, Physical activity, Zumba Classes, Singing Classes, Book reading, Career Guidance.

You can donate old/ used or new devices like phones, tablets, laptops and desktops which will be utilized by the underprivileged to take online classes and learn.



WHERE CAN YOU FIND US?

Website link - <http://careforu.co.in/>

Instagram - https://instagram.com/care_f0r_youutm_medium=copy_link

Youtube - <https://youtube.com/channel/UC0gH29zCY0BmDDKVPUieW8A>

Facebook - <https://www.facebook.com/groups/416096901774542/?ref=share>

Email - careforyouindia@gmail.com



Orphanages we support



1. Aadhaar Kindergarten, Fulbari
2. Arambh Autism Centre - Aurangabad
3. Balgruha Mariyampur Chikhldra
4. Jijamata Balgruh, Gadchandur Dist
5. Nirikshan Balguh, Buldhana
6. Prabha Hira Pratishthan, Pandharpur, Palvi
7. Prabhat Tara Sanstha Mulinche Balgruh - Pune
8. Samparc Shel, Pimpalgaon
9. Sampark Balgram, Dist Pune
10. SOS Children Village, Yerwada
11. Swapnabhumi Balgruh,(Dreamland),Parbhani
12. Vasantrao Balakashram, Pune
13. Vidhyadeep Balgruh Aurangabad Maharastra
14. Viswasagar Balgruh, Latur
15. Yogeshwari Balakashram,- Aurangabad
16. Anamprem Balgruh, Ahmednagar
17. B C Girls Hostel, Solapur
18. Disha Girls Observation/Children Home, Gavhankar Nagar, Washim
19. Gov. Observation home, Buldana
20. Jijamata Balkashram, Tanaji Chowk, Shivshankar Colony, Aurangabad
21. Nichiket Balgruha, Akurdi
22. Prerna Naunihal, Kharghar
23. Shaskiya Mulanche Balghruh, Nagpur
24. Shree Swami Samartha Balakashram, Pune
25. Swami Nityananda Balasadan Sahyadri Nagar. Satara
26. Trishala, Chacha Neharu Balsadan, Kavthe Mahankal, Dist: Sangli
27. Vasantrao Naik Children's Home, Chikalthana
28. Yogeshwari Balkashram (via Bembade Hospital) Deolai Premises
29. Dnyandeep Balgruha Dighi Pune
30. Sampark Balgram, Bhaaje Pune
31. Anjum Islam Home, Band garden, Pune
32. Balgruh Miraj, Sangli
33. Bhagwan Baba Balakshram, Aurangabad
34. Dadukaka Bhide Observation/children Home, Sangli
35. Gajanan Bansadan, Usmanpura
36. Zila Parishad Kanya Shala, Katol Road, Nagpur
37. Kusumbai Motichand Mahila Sevagram, Pune
38. Maher Balsadan, vadubudruk, Shirur, Pune
39. Mamata Bal Sadan Saswad, Pune
40. Mulinche Balgruh, Jalgaon
41. Saraswati Balkashram, Dapodi
42. Shakiya Mulanche Balgruha Nagpur
43. Shashkiya mulanche balgruha, Parbhanai
44. Shobhana Balgruha Aurangabad
45. Shri Santraj Yogi Shikshan Sansthaa,Dist Pune
46. Swami Vivekanand, Balgruha, Nagbhid
47. Vanwaasi Gopal Krishan bahuudeshiya Mandal Sanchaalit Mulanche, Dist. Pune
48. Velankar Anath Balakashram, Sangli, Maharashtra
49. Vishwashanti Samajik Pratishthan Sanchaalit Balgruha, Dighi, Pune





Orphanages we support



50. Balgruha Holy Cross Convent Paratwada
51. Bhagwan Baba Balikashram, near Chate
52. Bhartiya Jain Sanghatan, Wagholi, Pune
53. Bhartiya Jain Sanghatan Niraadhaar Nirashrit Balakaashram, Wagholi, Pune
54. Deep Griha Society, Family Welfare Center, Tadiwala Road, Pune
55. Government Children's Home, Padampura (for 18 to 21 year olds)
56. Lions Balsadhan, Aurangabad
57. Lord Baba Balakashram Vasadi, Kannada
58. Mother Teresa Samajik Vikas Sanstha, Pune
59. Pakhar Sankul Balgruh, Nigadi Budruk, Pune
60. Anugraha Aradhana Sewakai Sanstha Nagpur
61. Ashakiran Balgruh, Yerwada, Pune
62. Babasai AIDS affected children's home, Shivshankar Colony, Aurangabad
63. Chacha Neharu Balsadan, Kavthe Mahankal, Dist: Sangli
64. Deepgriha society City Of Child, Tadiwala road, Samgamwadi, Pune
65. Government Girls' Kindergarten (Junior Senior), Paithan
66. Holycross Balgruh / Bal Shikshan, Amravti
67. Janseva Foundation, Bilarewadi, Katraj
68. Jilha Pariviksha Va Anu. Sanghatna Sanch.
69. Maulikrupa, Alandi
70. Niti Niketan, Wadebolai, Wagholi
71. Omkar Balgruha Aurangabad
72. Omshaanti Mulinche Balgruh Chimbli, Batwaal Basti, Ta. Khed, Dist Pune
73. Sadashanti Balgruh Amrawati
74. Vishranti Samajik Pratishthan Sanchalit Gyaandeep Balgruh, Dighi, Pune
75. Sharansthan Balgruha Saoner
76. Shobhana Nishreet Balkashram N-4 Parijat Nagar, Nashik
77. Shree Gajanan Balgruha Aurangabad
78. Shri Santraj Yogi Shikshan Sanstha, Pune
79. Sneha Sagar Children Home, Malad, Mumbai
80. Snehalay Ahmednagar
81. Swami Samartha Child Labour, Balapur, Akola
82. Swapnabhumi Balgruh, (Dreamland), Kerwadi
83. The Salvation Army, Mumbai
84. Ushakkal Balgruh, Wardha
85. Vasantrao Naik Balakashram, Aurangabad
86. Vatsalya Foundation, Mumbai
87. Venkatesh Bal Sadan, Sadan, Pune
88. Vighadip Orphanage, Camp, Pune
89. WB Nowrungay Balakashram Pandharpur

